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www.reaofhope.org

Rea of Hopeline

Spotlight on Dianna H., Sheri B., Beth M., and Rachel D.

By Elaine Secrist

I am proud to say that we have had at least one graduation per month since the last newsletter: in June we had two graduations **Diana H.** and **Sheri B.**, then in July **Beth M.** graduated, and in August **Rachel D.** graduated. Three of these four graduates moved into our New Life Apartments and the fourth one chose to remain at Rea of Hope.



Diana H. is a soft spoken lady who has worked very hard on her recovery. Diana has been an inspiration to watch since her first day. Diana knew what she wanted and has followed every suggestion made to her. She diligently works the steps with her sponsor, attends all her meetings, has worked the same job and set a wonderful example to the other residents. Diana attributes her success to endless support from her sponsor, Rea of Hope, and the program.



Sheri B. is a very tender hearted woman who came to us with one desire... to live a sober life and work on her relationship with her father/family. Sheri was very quiet and kept to herself when she first arrived here; all that changed as she continued working the steps with her sponsor and following all suggestions. Finally a change occurred; Sheri began to show a great improvement in her self confidence and self esteem. Her relationship with her father and family improved, she got a job she loves and her smiles became more frequent. Sheri is forever grateful to Rea of Hope, her sponsor, AA, and most of all God.

Beth M. is a young mother who has struggled with many issues in her recovery. Not one to give up, Beth began listening to suggestions, working the steps and doing the next right thing. Beth had a trust issue, as many do with this disease, and has become willing to be willing. Today, Beth speaks up for herself and faces life with a new attitude. Beth has also regained visitation with her two beautiful children and is looking forward to being the mother she knows she can be. Beth credits God, her family, Rea of Hope, and the program for the life she leads today.



Rachel D. is a lovely young lady on the inside as well as the outside. Rachel's story is unique in the manner of how she came to know about Rea of Hope. Rachel attended her sister's graduation from Rea of Hope and approached us afterwards saying she had a drug/alcohol problem and wanted to come to Rea of Hope. Rachel then went to treatment and then became a resident here. We know that AA is based on attraction not promotion and this scenario certainly validates that statement! Rachel became employed immediately, attended meetings, worked with her sponsor, and followed every suggestion made to her. Rachel is grateful to God, Rea of Hope and her family for the endless support.

Thank you ladies for letting Rea of Hope be a part of your journey in recovery.

Dear Rea of Hope Supporters

As we mentioned in our last newsletter we are planning to expand our services and increase the number of women we can serve on a daily basis from 10-14 in phase one at Rea of Hope and add two apartments to the New Life level of care. We have had 100% occupancy since July 2007 and have only been able to admit 28% of the women who apply. The need for female beds for this population is evident. We have selected properties and are in the process of submitting grants to pay for acquisition, rehab, furnishings and the addition of three full time staff. The total projected cost of this expansion is \$495,000. It sounds like a lot of money and it is. Rea of Hope has been able to provide services to the women and children of West Virginia at a cost of \$65 a day per person. We provide housing, food, transportation, clothing, personal products, job uniforms, financial assistance for medications and eye glasses, pro bono legal services, act as liaison to probation, parole and other court officers and Child Protective workers, schedule on site educational classes on financial management, parenting, nutrition, food handling, domestic violence, bloodborne pathogens and HIV/AIDS and housing to name a few. With the disease of Alcoholism and Addiction the drugs and alcohol are just symptoms, there is so much more to cleaning up the wreckage than abstinence. We provide referral services on an individual basis for counseling, medical and dental needs, optometry and medications. Because of your donations we are able to remove any barrier that may prevent these women from becoming acceptable responsible members of society. All residents work full time and pay a program fee of \$65 a week. We have never had a resident who could not find a job, even our felons are able to work; it may take a little longer for them but on average from the day of admission to employment is 3 weeks. The current and past residents are instrumental in helping new women find jobs by being good workers themselves and helping each other. Rea of Hope is so much more than a "place to stay", we offer love and support to assist these women in being the best they can be by empowering them to be independent. We cannot do this alone and need your help to continue our mission.

Rea of Hope was fortunate enough to receive WV Tax Credits through the Neighborhood Investment Program (NIP), WV Development Office, again this year. This is a fantastic program to encourage charitable giving and a way to get back 50% of your donation on your state personal income tax, corporate net income tax or business franchise taxes. A minimum donation to receive CREDIT is \$500. Last year we ran out and everyone was not able to take advantage of this wonderful opportunity, so we encourage you to contact us now and we can reserve credits for you. We were thrilled to receive over \$17,000 in tax credits for tax years 2010 and 2011, so if you were considering giving, this is a way to donate and receive a voucher for half the amount. This is not a write off.

Please contact Marie Beaver 344-5363 for more information. I will look forward to updating you on our progress in the December newsletter.

Sincerely,
Marie Beaver, Executive Director

Alumni News

Congrats to

- Holly T. on three years of sobriety and pursuing her degree in Social Work at State.
- Glory F. on three years of sobriety and her need job promotion. Welcome back to Charleston.
- Amanda D. (WVU grad) on pursuing her teaching certificate while working full time and being a full time mom to Chad, age 3 and Emma, age 7.
- Sherri B. on one year of sobriety and reuniting with her family.
- Hailey H. on attending college full time to earn her degree in Community Behavioral Health Technology Addiction Specialization, while being a new mother to Noah, 3 months. Hailey was also the recipient of a car donated by Rick Wolford which allows her to get back and forth to school. THANKS RICK!!!!
- Debbie R. has two beautiful girls who celebrated birthdays this month, Maggie, age 3 and Lexi, age 1. HAPPY BIRTHDAY GIRLS (see pics). Debbie and the girls are moving into their own place in September after 15 months at New Life Apartments; we will really miss you all.
- Jeri D. on one year of sobriety and her promotion at CAMC. WAY to go JERI!!! HAPPY BIRTHDAY to Myana, age 9 (see pic) who lives with her mom Jeri at NLA.



Lexi



Maggie



Myana

A Word From Our President

As President of the Board, I am delighted to welcome Wayne Hypes with Dunn Engineers and welcome back Mary Elizabeth Eckerson, District Director for Congresswoman Shelly Moore Capito. Each brings gifts that will greatly benefit the ongoing mission and growth of Rea of Hope. At the same time I want to express my deep gratitude to retiring board members Liz Underwood and John Barry. Both Liz and John have given tirelessly of their time, commitment, and skill to establish Rea of Hope and give us a sure foundation on which to build.

With gratitude,
Barbara Koster, Board President

Residents' Sobriety Achievements

1 year or more	2
9 mo - 1 year	2
6 - 9 months	4
3 - 6 months	2
30-90 days	0

Other Goals Met

Employment	100%
AA/NA Sponsors	100%
Graduates	4

Monthly Needs List

Bath towels (white)	Dishwasher Detergent
Hand towels (white)	Air Freshener
Wash cloths (white)	Lysol Kitchen-Aide
Toilet Paper	Swiffer pads
Paper Towels	Swiffer Hardwood
Bleach	Floor Cleaner
Pine Sol	Mops
Furniture Polish	Washing Powder
	Dryer Sheets



Board Members & Officers

Barbara Koster, President	Nancy Daugherty, Vice President	
Mary Selinger, Secretary	Rick Wolford, Treasurer	
Sarah Holroyd	Laura Davis Ellis	Sally Holliday
Nancy Atkins	Rev Dana Holter	Mary Elizabeth Eckerson
Beth Pugh	Jim Weimer	Jeff Joseck
Rev. Cheryl Winter	Wayne Hypes	
Nick Casey, Ex Officio		

Staff: Executive Director, Marie Beaver
Program Coordinator, Elaine Secrist
Program Assistant, Amanda Deitz
Part-time Bookkeeper, Billie Bennington
House Techs, Holly Tonkin and Sandy Fisher

Girls Night Out

By Elaine Secrist



And again.... Our favorite night of the month! We always have such a great time when all the girls go out. Everyone needs a time set aside to cast away our problems and just have some FUN! This night would not be possible without all of our great supporters!

In July, we went bowling and out to eat Mexican food. I still have several skeptics when I announce that we are going bowling and once again these are the ones that usually end up loving it! These ladies were very competitive and our laughter could be heard all over the "Galaxy Lanes". I am pretty sure we are well known there after several years of bowling there. We then bombarded the Mexican restaurant and continued to have a wonderful night. Several of our ladies had never bowled nor eaten Mexican food, so it is always exciting to introduce them to new things. In fact, several have asked when we are going bowling again.

In August, Captain Dick Daugherty and his lovely wife Nancy treated the Rea of Hope residents, New Life Apartment residents and children, staff, and board of directors (and spouses) to a fantastic evening on the river aboard the "Spirit of West Virginia". (Please go to www.wvpaddleboat.wordpress.com for more information on the riverboat.) The residents made some desserts and furnished beverages for everyone. A good time was had by all "Rolling on the River". Thanks Dick and Nancy... what a wonderful treat.

Thanks to all who continue to support this great night!! Every one of the ladies is very appreciative and looks forward to these nights.



Special Thanks To:

Debbie Lee of Consumer Credit Counseling for her classes on Financial Strategy for the residents. Debbie has been great on teaching these ladies about checking accounts-budgeting and balancing-how to improve your credit and even helped them get their individual credit reports. Thanks Debbie!!



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Special Thanks to the following for their generous support:

- *Vandalia Rotary Club of Charleston for their continued support and their donation of \$1000.*
- *Sisters of St. Joseph for their prayers and financial support of \$1000.*
- *The Division of Justice & Community Services for approving Rea of Hope to receive \$31,000 from their Justice Assistance Grant.*
- *Bureau of Behavioral Health and Health Facilities, Division on Alcoholism and Drug Abuse for their continued support and a grant award of \$144,500 . Thank you for being our largest single funder.*
- *Governor's Office of Economic Opportunity for their grant award of \$14,000 to assist in utilities for New Life Apartments.*
- *Cache Clothing store at Town Center Mall for donating over \$1600 in merchandise, the residents were in heaven going through the lovely clothes. THANKS CACHE for giving back to your community.*



Special Thanks to: BB&T Processing Center and team shopper extraordinaire, Debbie Hicks, who chose Rea of Hope for their annual Lighthouse project. This year Debbie and her team purchased new area rugs for all the bedrooms at Rea of Hope and 2 apartments at New Life, as well as new runners for the halls of Rea. Debbie never to leave any money on the table, spent the remainder of their award on cleaning supplies for Rea of Hope. THANKS so much for your support, generosity and enthusiasm. (See pics above)

Donor's Name _____
 Address _____

 Phone _____
 E-Mail _____
 One Time Gift _____ Annual _____ Other _____

LEVEL OF GIVING

FRIEND of Rea of Hope	\$50	plus
SUSTAINING	\$500	plus
SPONSOR	\$1000	plus
MEDALLION	\$2500	plus
ANGEL	\$5000	plus
ELITE SPONSOR	\$1000	for 5 years
ELITE PARTNER	\$500	for 5 years